

Our Mission

THE CT STARS LAX MISSION IS TO HELP CULTIVATE AN ENHANCED ENJOYMENT OF LIFE, SPORTS AND ATHLETIC ACCOMPLISHMENT THROUGH ACCELERATED SPORTS LEARNING AND ADVANCED TEAM PLAY.



Fairfield County's Premier Youth Lacrosse Organization.
The CT Stars provide an opportunity for High School age players to:

CT STARS TRAINING

- TOURNAMENTS
- WEEKLY PRACTICES
- COLLEGE RECRUITMENT SEMINAR

- Be Coached By Professional Lacrosse Players
- Compete In A Team Setting
- Stay In Shape
- Get Results
- Benefit from Personal Instruction
- Learn In A Friendly Environment
- Have Fun

U13—U18 Boy's Lacrosse
Personalized Coaching
Advanced Instruction
Team Play
Summer League—Fall League

Excellence in Sport

COACHING STAFF

Our Coaching Staff is second to none. Comprised of Professional MLL Lacrosse Players and accomplished Division One Collegiate Players, all have previous coaching experience. On the field they know the game from the inside. Off the field our coaches are socially responsible, accomplished personally and are good people, great to be around.

TRAINING PHILOSOPHY

We believe that all of our training must be practical, relevant, fundamentally sound, suited to the individual and for the benefit of the team.

GET RESULTS

Positive environment, great instructors and hard work will yield results.

PERSONAL INSTRUCTION

Our staff will identify the personal strengths, weakness and needs of each player and suit a training routine to the player.

TEAM SETTING

Everyone on our team, both on and off the field, working for one goal reinforces the skills needed to succeed both in Lacrosse and in Life.

FRIENDLY ENVIRONMENT

Make friends. You'll be having the time of your life and be leaving with some enduring friendships.

STAY IN SHAPE

Training, Practicing and Playing with the team will assure that each player is kept to a level of fitness and ready to return to his interscholastic team.



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CT Stars Lax Will Continually Endeavor To Exceed Our Client's Expectations
And Positively Impact Our Player's Practical Abilities

Phil Bardsley, Founder CT Stars LAX



Excellence in Sport